



OUR SPAS



4 spas | 4 fitness facilities | 2 outdoor hot spring pools | 5 pools

The Vintage Hotels provide four beautiful spa facilities guaranteed to gently exfoliate, massage, and cleanse away guests' daily cares. The expertly trained staff, serene surroundings, and unique spa treatments combine to create the perfect spa retreat.

Spas

100 Fountain Spa
Secret Garden Spa

Millcroft Inn and Spa
Spa On The Twenty

100 Fountain Spa, Pillar and Post

Address: 48 John Street • Niagara-on-the-Lake • Ontario • Canada

Reservations: 1-888-669-5566

Niagara natives and visitors alike have enjoyed the sanctuary of 100 Fountain Spa since its opening in 1996. This 13,000 square foot spa is a paradise like no other. A stunning reception area greets visitors in an environment that seamlessly blends classic and contemporary luxury. The luscious interior boasts a rich colour palette complemented by textural stone accents, a green moss wall feature, and the warmth of elegant woodwork. Guests sit fireside in a plush spa lounge overlooking an outdoor hot spring pool as they await a wide range of aesthetic and body treatments.

The manicure and pedicure salon has six pedicure stations featuring built-in massage and air-jetted chairs. The six manicure posts make accommodating groups up to 12 a perfect de-stressor for bridal parties or conference groups. The Spa's treatment rooms allow guests to escape to a tranquil environment which include all of the elements of nature in a balanced, relaxing, and restorative state. Five wine-themed rooms offer state-of-the-art treatments amidst modern luxury and are sponsored by Niagara vineyards-Inniskillin Wines, Chateau des Charmes, Reif Estate Winery, Marynissen Estates, and Frogpond Farm.

In addition to a range of traditional spa treatments offered at 100 Fountain Spa, guests can choose from a collection of three Ultimate Indulgence treatments featuring luxurious brands such as GM Collin, Yon-Ka, and Elim. Guests also enjoy access to the indoor pool, sauna, fitness facilities and year-round heated outdoor pool.

Secret Garden Spa, Prince of Wales Hotel

Address: 6 Picton Street • Niagara-on-the-Lake • Ontario • Canada

Reservations: 1-888-669-5566

The ambiance of the recently updated 5,100 square foot Secret Garden Spa, is inspired by Victorian gardens with lush floral and wood accents.

An intimate lounge area welcomes spa-goers to sink into a fine selection of body-friendly seating, whether in a private corner or on a comfy chaise lounge near the fireplace. The antique mantel of the fireplace is original to the 144-year-old Prince of Wales and stands as one of the only reminders to guests enjoying this state-of-the-art spa that they are actually sitting within a very historic

building. Mood lighting and a trickling water wall encourage relaxation in the lounge, while a floating bamboo hardwood floor promotes quieter hallways between its four treatment rooms, each named after a garden flower. A group salon accommodates three manicures and four pedicures at once.

Guests are invited to indulge in luxury by choosing from a wide range of traditional treatments such as massage and aesthetics or elevate their experience with our ultimate indulgence treatments featuring luxe brands like GM Collin, Yon-Ka, Bio Effect, and Elim.

Millcroft Spa, Centre for Well-Being, Millcroft Inn & Spa

Address: 55 John Street • Alton-Caledon • Ontario • Canada

Reservations: 1-888-383-3976

Less than an hour's drive northwest of Toronto, nestled in the rolling Hills of Headwaters Region in the town of Caledon, is the Millcroft Spa, Centre for Well-Being. Built in 2004, the bright and airy 9,000 square foot spa boasts 11 treatment rooms, an outdoor and indoor pool, a eucalyptus steam room & cedar lined dry sauna, fitness studio and a comfortable spa lounge overlooking scenic woodlands. The Spa's popular hydrotherapy circuit features two all-season outdoor hot springs pools, and a polar plunge pool.

Spa goers flock to this noted destination to experience a traditional selection of spa services or to sample an array of appealing signature treatments, such the NEW* Hot and Healing Stone Massage and other detoxifying geared services. Guests also partake in a number of soul satisfying therapies, including guided hot and cold plunge therapies, Massage, result driven facials and countless options for whole body services.

Small groups such as girlfriends seeking a weekend escape can enjoy communal pampering in our manicure and pedicure salon, accommodating up to six guests at once. Couples and friends can experience the ultimate bonding time while indulging in side by side treatments in our tranquil and spacious service rooms.

Healthy spa cuisine is available in the Spa Café along with fireside seating and a memorable view of 100 acres of protected forest and meadows as well as the hot spring pools. Travelers seeking a calming retreat, wellness or just some well-deserved self-indulgence will find the Millcroft Spa is the perfect refuge for healing the body and soothing the soul.

Spa On The Twenty, Inn On The Twenty

Address: 3845 Main Street • Jordan • Ontario • Canada

Reservations: 1-800-701-8074

Serenity, pampering, and self care are just moments away at Spa On The Twenty. Nestled in a century-old Vintage House next to the main Inn, the Spa is surrounded by lush gardens, offering a calming atmosphere to let you focus on you. The spa recently added three treatment rooms, including a couple's treatment room, in a newly renovated spa space adjacent to the Inn's lobby.

Spa On The Twenty is the perfect escape to focus on rejuvenating mind, body and soul for groups, couples and individuals. Signature treatments including BABOR Experience Wrap, boosting circulation and energizing cell metabolism. This unique service, which finishes with a facial, can be enjoyed with your special someone in our private couple's suite.

Spa treatments utilize top brands including BABOR, Bridlewood, OPI, and Gehwol. Spa goers can pamper themselves with decadent pedicure and manicure or massage all complimented with an added fruit plate and glass of wine.

Guests are able to enhance their spa experience with a delicious Spa Luncheon prepared by the renowned Inn On The Twenty Restaurant.

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