



MILLCROFT INN & SPA

ENHANCED GROUP EXPERIENCES



SPA & WELLNESS

Help your group relax and focus on your conference goals at the award-winning Millcroft Spa, Centre for Well Being with an extensive selection of relaxing services and facilities. Remember to visit our year round indoor and outdoor pools and Hot Springs!

Individual or Group Spa Services

Pricing determined by services desired.
A 10% discount applies to groups of 6 or more for corporate guests. Valid Monday – Friday only and excludes RMT Massages.

Please contact our Group Spa Reservations Department at 905-468-1362 Ext. 4467 to book Group appointments.

Group Yoga Classes

\$18 per person | 1 hr (minimum 15 people).
Pricing for smaller groups upon request.

Guided Nature Walks

From \$20 per person | 1 hr (minimum 5 people).
Encourage group bonding and enhance team spirit while exploring the Millcroft's beautiful grounds and surroundings.

TEAM BUILDING ACTIVITIES & CHALLENGES

Summit Team Building

Rates vary based on the activities and options desired.

www.summitteambuilding.com

Corporate Team Building Art Events

Held at the nearby Alton Mill Studio of artist Mark Grice or on-site at the Millcroft Inn.
Contact Mark Grice.

www.markgricetheartist.weebly.com

GET ACTIVE

Osprey Valley Golf Course

Outdoor Golf: 18 holes or 9 holes.
ospreyvalleygolf.com

Fly Fishing, Drift Boat Tours, and More

Grand River Outfitting and Fly Shop
226-383-3474 | ontarioflyfishing.ca

Guided Bicycle Rides & Rentals

Caledon Hill Bicycles – 905-838-1698

Horse Back Riding

Teen Ranch – www.teenranch.com

Also available on site:

Bikes, Bocce Ball, Horseshoe Pit, Croquet, Snowshoes, year round indoor and outdoor pools and hot spring pools, fitness room, marked hiking trails on our 100 acres of forested grounds.