



Luxury spas in the heart of wine country

Secret Garden Spa | 100 FOUNTAIN SPA



General Services

HANDS & FEET

DELUXE SPA MANICURE 85 min. - \$75
Experience the benefits of a full manicure, including exfoliation and masque.

CLASSIC MANICURE 55 min. - \$55
A traditional manicure that leaves hands feeling softer and smoother than ever.

DELUXE SPA PEDICURE 85 min. - \$80
A totally rejuvenating treatment for tired feet and toes, including exfoliation and masque.

CLASSIC PEDICURE 55 min. - \$65
Restore beauty and suppleness to your feet with exquisite pampering.

NAIL DETAIL 25 min. - \$41
The perfect "touch up" service when time is of the essence. An express treatment to shape and polish.

Add a French Polish to any Manicure or Pedicure for an additional \$10

WAXING TREATMENTS

LIP - BROW - CHIN EACH \$15
UNDERARM OR BIKINI \$25
HALF LEG \$35
FULL LEG \$65
FULL ARM \$35

BODY TREATMENTS & WRAPS

HONEY CITRUS SCRUB 40 min. - \$85
A body smoother with a fresh honey, lemon, orange and lime pulp exfoliation. Complemented with an invigorating sea salt scrub.

VICHY BODY POLISH 25 min. - \$55
Complement scrub treatments with Vichy hydrotherapy for the ultimate relaxing touch.

HAIR & SCALP 25 min. - \$65
Find intensive stress relief and improved circulation with a head massage and scalp treatment using warmed oils infused with essential oils.

SHEA BUTTER CREAMY BODY WRAP 25 min. - \$70
Dull, dry skin is gently exfoliated before your body is enveloped in soothing melted shea butter and essential oils to hydrate and nourish, relieving stress and anxiety. (no exfoliation)

50 min. - \$100
(with exfoliation)

DETOXIFYING SEA CLAY WRAP 50 min. - \$100
A classic full body sea clay wrap with vital mineral salts and alginates to restore moisture and elasticity, while firming and toning. Aids in the elimination of built-up toxins. Perfect for dry, undernourished skin. Finish with a lotion application. Not recommended for those with seafood/shellfish allergies.

DECADENT BODY WRAP WITH CHAMPAGNE ESSENCE 50 min. - \$105
A classic body wrap of organic oils and extracts infused with anti-oxidant Vitis Vinifera Extract and a decadent burst of real champagne essence. Complemented with our signature body lotion massage to encourage circulation.

REJUVENATING ROSE MOOR MUD BODY WRAP 50 min. - \$100
An ancient tradition that encourages detoxification and the mobilization of toxins. Crushed pink and red rose petals enhance this ideal balancing treatment. Ends with an application of our Secret Garden Body Lotion.

ULTIMATE BODY REJUVENATOR 55 min. - \$115
Begins with a sea salt scrub followed by our Sea Clay Wrap. Ends with a cream application of our Signature Body Lotion. Not recommended for those with seafood/shellfish allergies.

Add Vichy to any body wrap for an additional \$30
All body wraps include a dry hair & scalp massage.

FACIAL TREATMENTS

REVITALIZING ANTI-AGING FACIAL WITH DMAE & AHAS 80 min. - \$150
A luxury glycolic facial that hydrates and moisturizes mature, aging or sun-damaged skin, refines skin texture and reduces the appearance of fine lines and wrinkles while protecting the skin with multi-antioxidants and botanicals.

MINERAL RICH HYDRATING FACIAL 80 min. - \$145
A facial therapy designed to maintain a healthy and nourished complexion. Indulge in a unique cocktail of Banana and Mango masques enriched with natural enzymes, minerals and anti-oxidants. Great for all skin types.

CALMING FACIAL 80 min. - \$140
A therapeutic facial to soothe and calm sensitive, red, dry, irritated skin. A gentle cleansing treatment is followed by a refreshing, cooling masque and intensive serum. Perfect for sensitive or reactive skin types.



General Services cont'd.

EXPRESS FACIAL 25 min. - \$60

For the client without much time to spare or those who need a boost between full-length facial treatments. Skin is cleansed and exfoliated followed by a facial massage to hydrate the skin.

PERSONALIZED FACIAL 50 min. - \$105

Renew the skin with this personalized aroma-infused treatment to deeply cleanse, hydrate and nourish. Includes a steam treatment, deep pore cleansing with gentle extractions, and facial and arm massage, plus nourishing masque and moisturizer. Perfect for all skin types.

MICRODERMABRASION DIAMOND FACIAL 55 min. - \$135

Available at 100 Fountain Spa only. Skin rejuvenation is one of the most important elements in facial treatments. Microdermabrasion is a safe, innovative, mechanical peeling that allows for a progressive and controlled exfoliation of the skin. It is modern technology's answer to skin resurfacing.

Add an intensive eye zone treatment to any facial. \$30
Soothing chamomile eye pouches infused with Arnica extract reduce inflammation, puffiness or dark circles.

Add a lip contouring treatment to any facial. \$30
Reduce the appearance of fine lines around your mouth and lip area. A gentle contouring masque gently exfoliates, followed by a masque infused with anti-oxidants and botanicals.

BIODROGA SPECIALTY FACIALS

SKIN DEFINING FACIAL 80 min. - \$155

Intensive anti-aging treatment for all skin types. Highly effective and innovative thermo-effect mask pushes active ingredients deeper into the skin and finishes with an organic collagen mask to give an instant mini-lift!

COLLAGEN FACIAL 80 min. - \$145

Intensive lifting and firming treatment restructures, replenishes and stimulates dormant functions of aging skin, including eye area. Improves elasticity, restores firmness and eliminates signs of fatigue. Results can be seen and felt immediately.

ROYAL AQUAMARINE MANUAL MICRODERMABRASION TREATMENT 80 min. - \$145

Available at Secret Garden Spa only. New "power peeling" system achieves the same results as a traditional chemical peel. Aquamarine and quartz sand reduces fine lines. Includes an Acupressure Massage using Quartz crystals to relax you while stimulating energy flow and lymphatic drainage. An unforgettable feeling of well-being.

COLLAGEN EYE CONTOUR TREATMENT 45 min. - \$45

A collagen fleece sheet is placed over the eyes in a gentle, yet effective anti-aging eye treatment. Specially formulated to de-stress, strengthen and firm the delicate eye area.

Massage & Reflexology

SWEDISH MASSAGE 25 min. - \$70

A series of massage strokes and techniques designed to relax muscles, enhance oxygen flow in blood and help rid toxins in the muscles. 50 min. - \$105
80 min. - \$150

DEEP TISSUE MASSAGE 25 min. - \$80

For those who like a firmer touch that focuses more on deep tissue muscle. 50 min. - \$125
80 min. - \$180

PREGNANCY MASSAGE 25 min. - \$65

Ease aching leg and back muscles with a soothing full body massage that can be adapted to any stage of your pregnancy. 50 min. - \$95
80 min. - \$140

AROMATHERAPY MASSAGE 25 min. - \$80

A delightful infusion of aromatherapy oils enhances the classic massage. 50 min. - \$115
80 min. - \$165
(Not recommended during pregnancy)

VINTAGE STONE MASSAGE 45 min. - \$110

Let your tension melt away as heated stones and warmed oil subtly relax tired or sore muscles. 75 min. - \$160
Deep relaxing results without deep pressure.

RAIN FOREST AROMA-MASSAGE 25 min. - \$70

The perfect prelude to any Vintage body treatment using the classic Vichy shower and pure aromatherapy oils.

PRIVATE COUPLES MASSAGE

Two people can experience any of the above massages of the same duration (except Rain Forest Aroma-Massage) side by side in the comfort of a private suite. Add \$10 per couple

Or in the Garden Escape Room, a private paradise located in the Rose Garden at Pillar and Post. Add \$50 per couple

REFLEXOLOGY 25 min. - \$55

Ancient healing therapy utilizing pressure points in the hands and feet. feet only
55 min. - \$90
head, ears, hands & feet

WEEKENDER 50 min. - \$125

Rejuvenating Shea Butter Creamy Body Wrap | Head and Foot Reflexology

NATURE'S GIFT 50 min. - \$95

Hair and Scalp Treatment | Foot Reflexology

AROMA-FLEX 50 min. - \$95

Essential oils are used on the face, neck and shoulders. Pressure is applied to certain points to promote relaxation, circulation and a sense of well-being. This treatment is combined with foot reflexology.



Gentlemen's Services

Packages

LIFESTYLE

SWEDISH MASSAGE 25 min. - \$70
50 min. - \$105
80 min. - \$150

DEEP TISSUE MASSAGE 25 min. - \$80
50 min. - \$125
80 min. - \$180

HAIR AND SCALP TREATMENT 25 min. - \$65

REFLEXOLOGY 55 min. - \$90

GROOMING

EXECUTIVE MANICURE 50 min. - \$50
*As a friendly gesture or sealing the deal,
a handsome handsbake says a lot*

BEST FOOT FORWARD 50 min. - \$60
*Sports, work shoes, long days; energize your
entire body when you take care of your feet*

EXPRESS FACIAL 25 min. - \$60
Hot towel cleanse and massage

METROMAN EXPRESS 25 min. - \$60
Detoxifying facial

MEN'S CLASSIC FACIAL 50 min. - \$95

TUNE UP FACIAL 50 min. - \$85
A hydrating facial

'THE WORKS' DELUXE FACIAL 80 min. - \$140
Intensive anti-aging

BACK FACIAL 45 min. - \$80
Exfoliation and cleansing

PACKAGES

AWAKENING 50 min. - \$145
Shea Butter Creamy Body Wrap | Express Facial

TRANQUILITY 80 min. - \$160
Body Polish | Personalized Facial

SERENITY 110 min. - \$180
Body Polish | Mineral Rich Hydrating Facial

STONE SOLE 75 min. - \$155

*Vintage Stone | Reflexology
This wonderful new treatment takes reflexology
to a different level. A unique combination of
reflexology with the balancing effects of healing stones.
Applying alternating temperatures to the feet, hands
and ears helps stimulate the body's ability to enable
more effective healing and drainage of toxins.*

DIVINE WRAP 120 min. - \$245
*Body Polish | 55 min. Swedish Massage |
Choice of Body Wrap with Hair & Scalp*



Signature Treatments

Secret Garden Spa AT PRINCE OF WALES

SPECIALTEA TREATMENTS

GREEN TEA AND SUGAR CANE PEDICURE 80 min. - \$95

Revitalize your feet with the healing goodness of polyphenols and alpha-hydroxy. Your treatment begins with a foot exfoliation of green tea and sugar cane, followed by a deluxe pedicure to leave you simply walking on air.

VITAL CHI SUGAR CANE SCRUB 40 min. - \$85

Smooth, soothe and moisturize your skin to perfection. Sugar cane grains gently exfoliate as the polyphenols of green tea nourish your body. Energy is rebalanced with a finishing application of our signature coconut massage crème.

PINEAPPLE-COLADA TEA WRAP 50 min. - \$105

Our roibos tea and pineapple based wrap fully hydrates the skin while anti-oxidants penetrate to rid the body of impurities. Coconut massage crème is applied, leaving a full afterglow.

SILK ROAD TEA FACIAL 50 min. - \$125

Featuring the finest roibos, green and white teas in our signature facial products, this facial begins with a steam treatment and deep pore cleansing with gentle extractions. A relaxing facial and arm massage follows, finishing with a nourishing masque and moisturizer. Excellent for all skin types and anti-aging.

HEAD TO TOE TEA TASTER 120 min. - \$195

Silk Road Tea Facial | Green Tea and Sugar Cane Pedicure | Pineapple - Colada Tea Wrap

100 FOUNTAIN SPA AT PILLAR AND POST

VINOTHERAPY TREATMENTS

PURPLE FEET PEDICURE 80 min. - \$95

A classic pedicure with a foot masque and exfoliation using locally harvested wine-based products. Wine polyphenols enhance overall wellness.

BAMBOO AND WINE SCRUB 40 min. - \$85

Smooth, soothe and moisturize your skin to perfection with fresh ground grape skin harvested from local vineyards and potent bamboo and botanical extracts.

VINOTHERAPY WELLNESS WRAP 50 min. - \$105

A wine-based hydrating body wrap infused with potent anti-oxidants and health encouraging wine extract, skin and juice from local vineyards. Includes application of our Secret Garden Body Lotion.

VINOTHERAPY FACIAL 50 min. - \$125

Features a proprietary hydrating serum and anti-aging moisturizer containing grape-based products with high levels of polyphenols. Includes a steam treatment, deep pore cleansing with gentle extractions, and facial and arm massage, plus nourishing masque and moisturizer. Excellent for all skin types.

HEAD TO TOE WINE TASTER 120 min. - \$195

Vinotherapy Facial | Purple Feet Pedicure |
Vinotherapy Wellness Wrap



Relationship Retreat

Pampering your body? Let us pamper your relationship, too, as you reveal, reflect and revitalize with our new, cutting-edge service.

Professional Ashley Howe and her team of professionals take you through a set of specially crafted questions inspired by therapeutic models designed to bring deeper value and a fresh insight to your relationships.

This is a fun and entertaining hour that embraces the best of you. Imagine a time that takes you back to all that you fell in love with, all that you admire, all that you do well, and all that you have learned about the other. A getaway is a fantastic opportunity to reflect on the positives and build a stronger foundation for your future.

ALL ABOUT YOU

CELEBRATING YOU 60 min. - \$140
per couple
Reflect on the positive with a lighthearted and fun 60 minute session. Escape to the soothing environment of the spa, where you'll focus on all the good aspects that first brought you together, helping to build a stronger foundation for the days ahead. Perfect for engaged couples, married couples, mothers and daughters, or any two people who care about the well-being of their relationship!

FULLY ENGAGED 60 min. - \$140
per couple
This is for the couple starting their lives together. Tune out the details leading up to your big day, and let us bring YOU back, front and center. An affirming look at the unique and vital ingredients that make your connection so special.

WELLNESS PACKAGES

RELATIONSHIP MASSAGE FOR BODY & MIND 110 min. - \$180
per person
Escape the daily stresses of your life while rejuvenating your relationship. Begin with a soothing 50 minute couples massage side by side in the comfort of a private treatment room.

Then "massage your minds" with a fun 60 minute session, led by professional Ashley Howe, where key questions bring out the best in both of you by focusing on the vitality in your relationship. Ideal for engaged couples planning a future together, or for more seasoned couples looking to renew their connection.

MOTHER DAUGHTER RELATIONSHIP RETREAT 115 min. - \$135
per person
Make a mother daughter spa date and infuse your relationship with some essential 'feel-good'. What better place than the spa to ease your souls and your soles? Relax side by side in our Shiatsu self-massage chairs as your feet are pampered in a 55 minute pedicure.

In a private room, professional Ashley Howe leads you on an entertaining 60 minute journey of reflection and sharing, perfect for embracing each other's finest qualities and appreciating the relationship you have built together.

Based on a couple booking, subject to availability. Treatment components must be taken within same day.



Vitality Skin & Body Care Products

CLEANSERS

HONEY OATMEAL CLEANSER <i>Normal/all, dry/sensitive</i>	8oz	\$51
CITRUS PARADISI CLEANSING CONCENTRATE <i>Oily/normal</i>	8oz	\$51
ANISE GENTLE FOAMING WASH <i>Normal/all</i>	8oz	\$51
THAI LEMONGRASS SOY CLEANSER <i>Dry/sensitive, mature</i>	8oz	\$51
CRANBERRY CLEANSING CONCENTRATE <i>All skin types</i>	8oz	\$51

TONERS

ORANGE BLOSSOM BALANCING TONER <i>Normal/all</i>	8oz	\$45
CRANBERRY ANTI-OXIDANT TONER <i>Normal/dry, sensitive</i>	8oz	\$45
LEMONGRASS PURIFYING TONER <i>Oily/combination/acne-prone</i>	8oz	\$45
GRAPE EXTRACT BALANCING MIST <i>All skin types</i>	4oz	\$36

EXFOLIANTS

VITAMIN A PUMICE SCRUB <i>All except sensitive skin types</i>	112ML	\$45
BANANA BLOSSOM ENZYME EXFOLIANT <i>Sensitive to dry/normal</i>	112ML	\$51

TREATMENT CREMES

Q10 WHIP SOUFFLE MOISTURIZER <i>All skin types</i>	56ML	\$66
LICORICE BALANCING GEL <i>Oily/combination/acne prone</i>	56ML	\$63
CARROT + CHAMOMILE MATTE MOISTURIZER <i>Normal/oily/combination/congested/dehydrated</i>	56ML	\$63
MINERAL CALMING GEL <i>Sensitive/couperose/dehydrated</i>	56ML	\$63
BORDEAUX LIPOSOME CRÈME <i>Mature/dry</i>	56ML	\$66
MULBERRY CRÈME MOISTURIZER <i>Dry/mature/normal</i>	56ML	\$66
CRÈME DE SOLEIL SPF 30+ <i>All skin types</i>	56ML	\$60

FACIAL MASQUES

MAPLE BUTTER MASQUE <i>Dry/normal/dehydrated/mature</i>	56ML	\$63
PRECIOUS PEARL MASQUE <i>Mature/dry/environmentally damaged/dehydrated</i>	56ML	\$69
PURE MINERAL MASQUE <i>Oily/acne-prone/combination/congested</i>	56ML	\$63
GOGI BERRY MINT MASQUE <i>All skin types</i>	56ML	\$63



EYE CARE

INTENSIVE 23K EYE CRÈME <i>Mature/dry/normal</i>	15ML	\$57
GREEN TEA ANTI-OXIDANT EYE GEL <i>All skin types</i>	15ML	\$48

BALANCING MAKEUP REMOVER <i>All skin types</i>	4oz	\$36
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SERUMS

GRAPE SKIN ANTI-AGING SERUM <i>Mature/dry</i>	30ML	\$69
ALOE & PEARL HYDRATING SERUM <i>All skin types/dehydrated/environmentally damaged</i>	30ML	\$69
VITAMIN A BALANCING SERUM <i>Oily/problem/combination/anyone with occasional breakouts</i>	30ML	\$66.50
INTENSIF-C SERUM <i>All skin types/environmentally damaged/dehydrated or mature skin</i>	30ML	\$76
CHERRY BARK CALMING SERUM <i>All skin types/sensitive/rosacea-prone & acne-prone/visibly irritated, post-peel/post-operative</i>	30ML	\$69
AHA/BHA EXFOLIATIONS SERUM <i>All skin types except very sensitive</i>	30ML	\$69

BATH & BODY PRODUCTS

SOOTHING AROMATHERAPY BATH SALTS		\$28.50
SHEA BODY BUTTER	250ML	\$38
MSM JOINT MOBILITY CRÈME	50ML	\$40
TENSION TAMER BALM	50ML	\$45
BATH AND BODY OIL CONCENTRATES	56ML	\$24
PURPLE FEET PEDICURE CRÈME	112ML	\$45
ALOE KERATIN HAND CRÈME	50ML	\$30
HEALING WATERS MASSAGE BALM	112ML	\$45
SECRET GARDEN BODY WASH	8oz	\$36
SECRET GARDEN BODY LOTION	8oz	\$40
CHAMPAGNE BATH & BODY WASH	8oz	\$36
TUSCAN BODY SCRUB	250ML	\$30

AROMATHERAPY ESSENTIAL OIL BLENDS

SECRET GARDEN ESSENTIAL OIL BLEND <i>Comforting, relaxing</i>	10ML	\$31.50
TENSION TAMER ESSENTIAL OIL BLEND <i>Therapeutic, healing, stimulating, warming</i>	10ML	\$31.50
INTIMATE OASIS ESSENTIAL OIL BLEND <i>Uplifting, rejuvenating, refreshing</i>	10ML	\$31.50
BALI LEMONGRASS ESSENTIAL OIL BLEND <i>Refreshing, stimulating, toning</i>	10ML	\$31.50

TRAVEL PRODUCTS

SOY AROMATHERAPY CANDLES	6oz	\$24
FACIAL TRAVEL KITS		\$96

